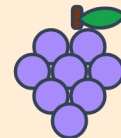


Fruits and Vegetables

Trace and Color



Ages 3–6 · 35 pages

Name: _____

Welcome, Parents and Teachers!

Welcome! Twenty-six fruits and vegetables, one per page. Your child colors the picture, traces the word and then writes it alone on the lines. Matching and word-tracing games at the end turn the new words into a quick review.

How to use this book

- 1** Print on A4 or US Letter paper at 100% (Actual size). Let your child choose the colors; a purple carrot is fine!
- 2** Say the word first, then sound it out slowly as the pencil follows the dots. Longer words like watermelon are a fun challenge.
- 3** Talk about real food while you work: which ones grow on trees, which grow in the ground, which do you eat raw?
- 4** Take your time. One or two pages a day, with coloring and writing, is a calm and complete activity.
- 5** Use the matching pages as a break from writing when little hands get tired.

This book belongs to:

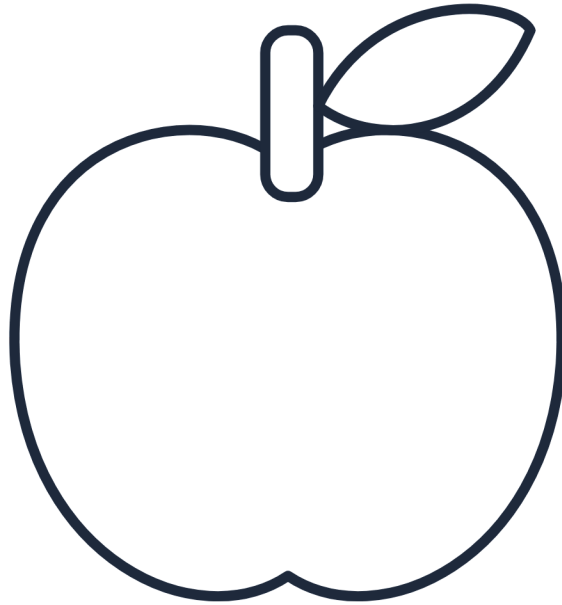
Copyright 2026 KidsTracing (kidstracing.com). This workbook is free for personal use at home and in the classroom: print as many copies as you need for your own children or your own students. Please do not sell it, host the file on another website or share it as your own work. All pictures were drawn for KidsTracing.

What Is Inside

Fruits**4****Vegetables****19****Food Word Games****30****Certificate****35**

Apple

Color the picture, then trace the word.



Color me!

apple apple

apple apple apple

Banana

Color the picture, then trace the word.



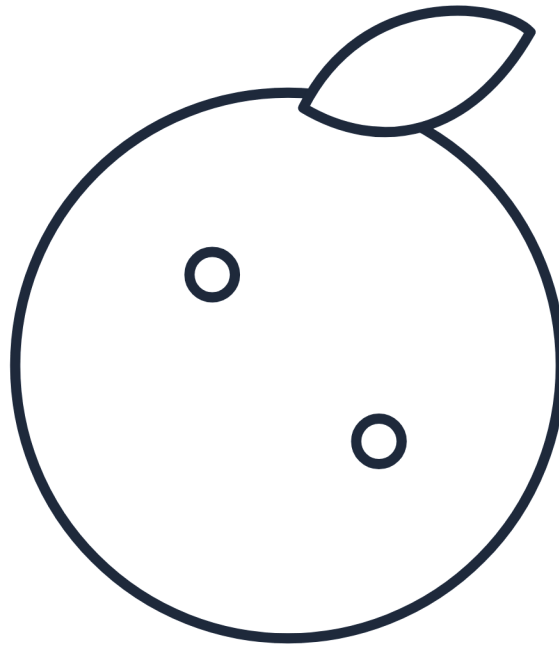
Color me!

banana banana

banana banana

Orange

Color the picture, then trace the word.



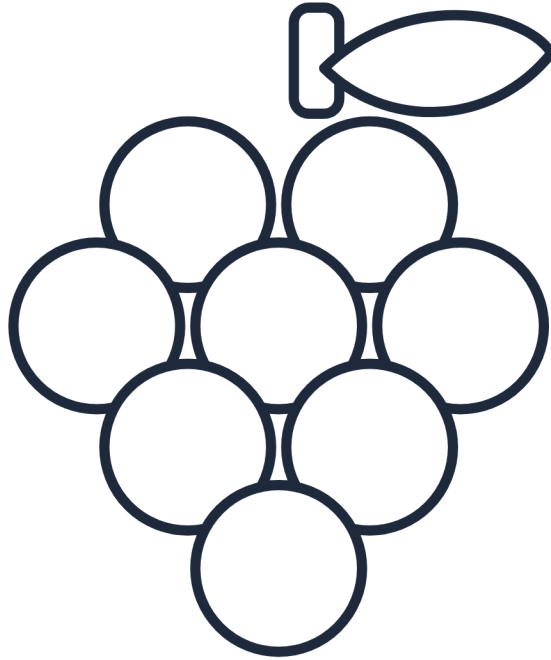
Color me!

orange orange

orange orange

Grapes

Color the picture, then trace the word.



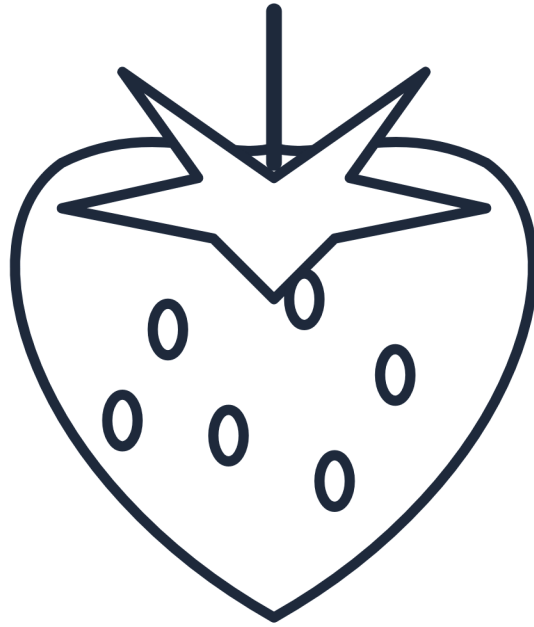
Color me!

grapes grapes

grapes grapes

Strawberry

Color the picture, then trace the word.



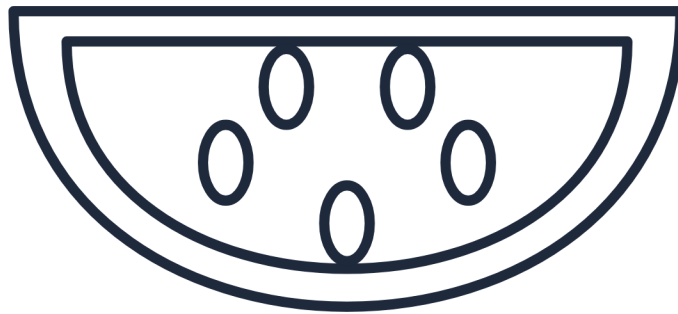
Color me!

strawberry

strawberry

Watermelon

Color the picture, then trace the word.



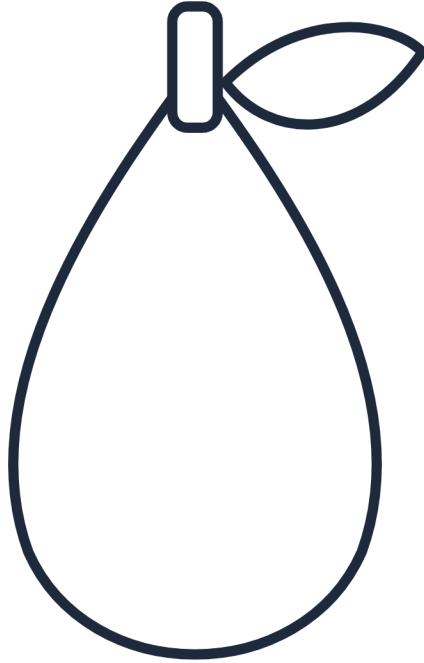
Color me!

watermelon

watermelon

Pear

Color the picture, then trace the word.



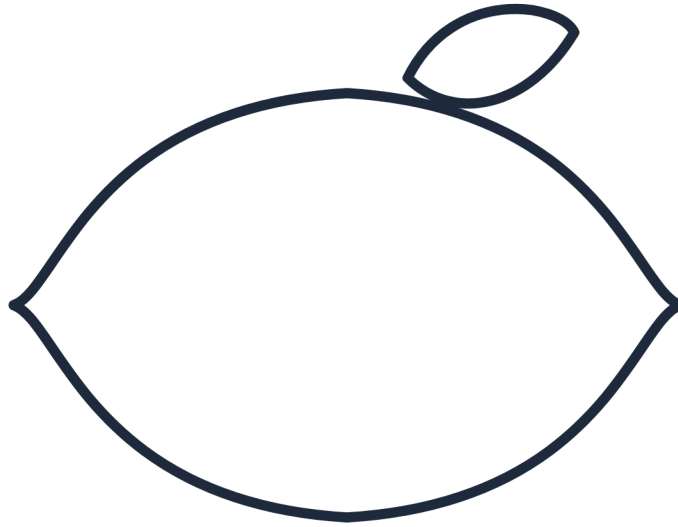
Color me!

pear pear

pear pear pear

Lemon

Color the picture, then trace the word.



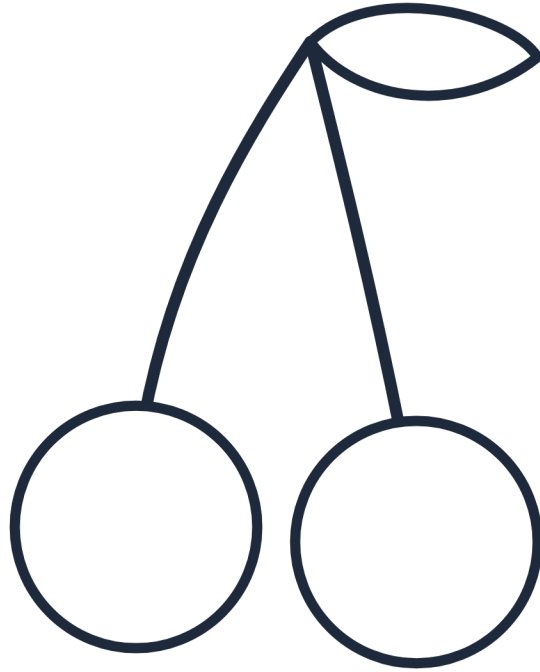
Color me!

lemon lemon

lemon lemon lemon

Cherries

Color the picture, then trace the word.



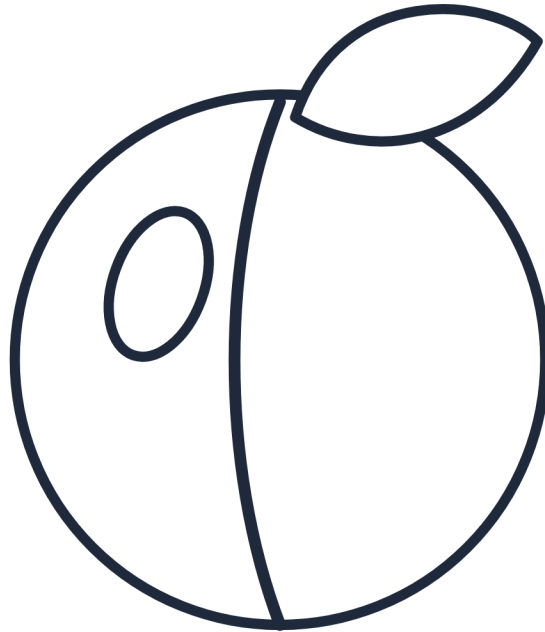
Color me!

cherries cherries

cherries cherries

Peach

Color the picture, then trace the word.



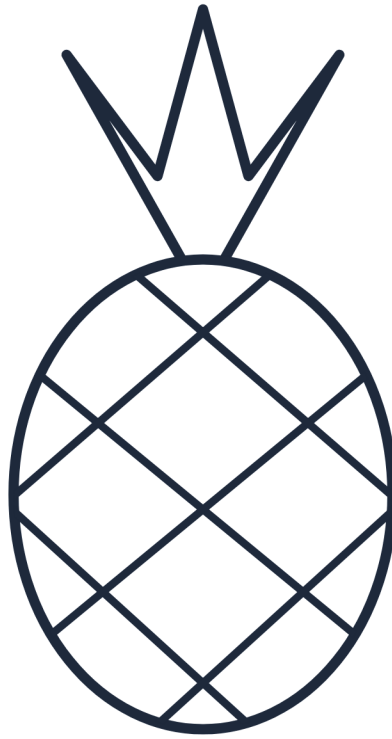
Color me!

peach peach

peach peach peach

Pineapple

Color the picture, then trace the word.



Color me!

pineapple

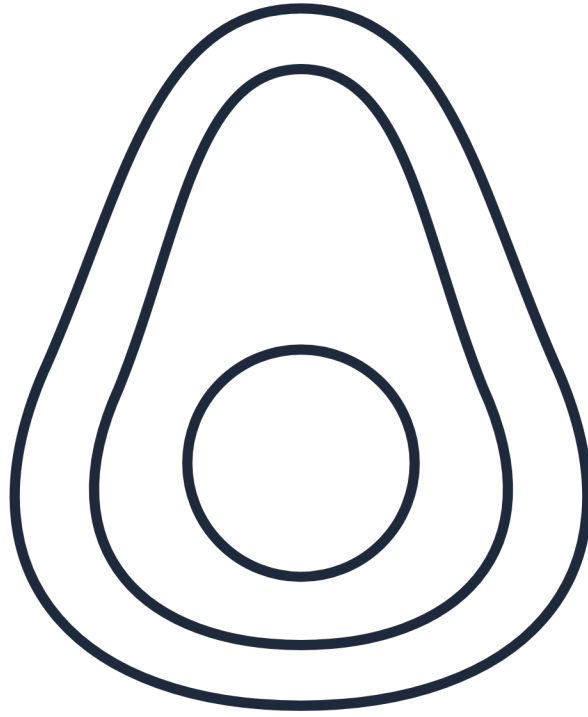
pineapple

pineapple

pineapple

Avocado

Color the picture, then trace the word.



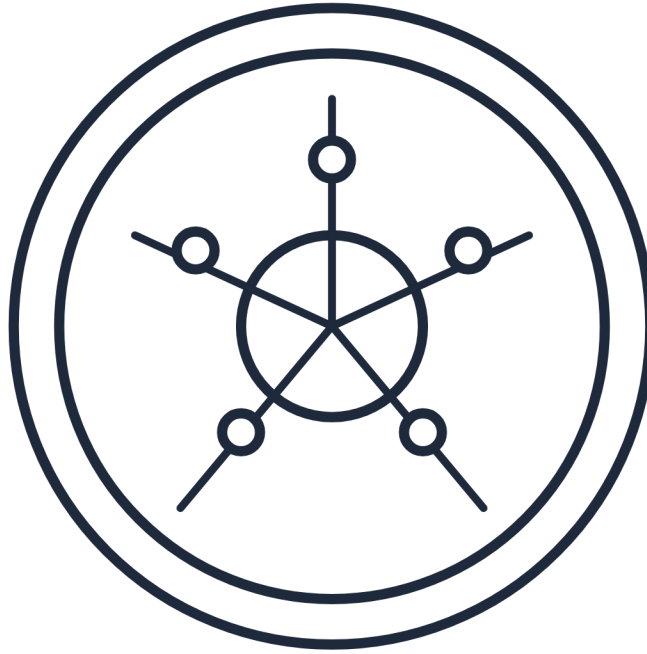
Color me!

avocado avocado

avocado avocado

Kiwi

Color the picture, then trace the word.



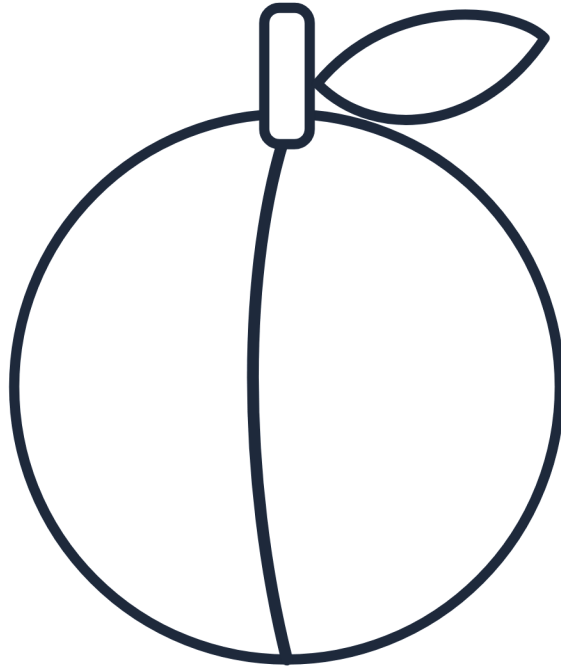
Color me!

kiwi kiwi

kiwi kiwi kiwi

Plum

Color the picture, then trace the word.



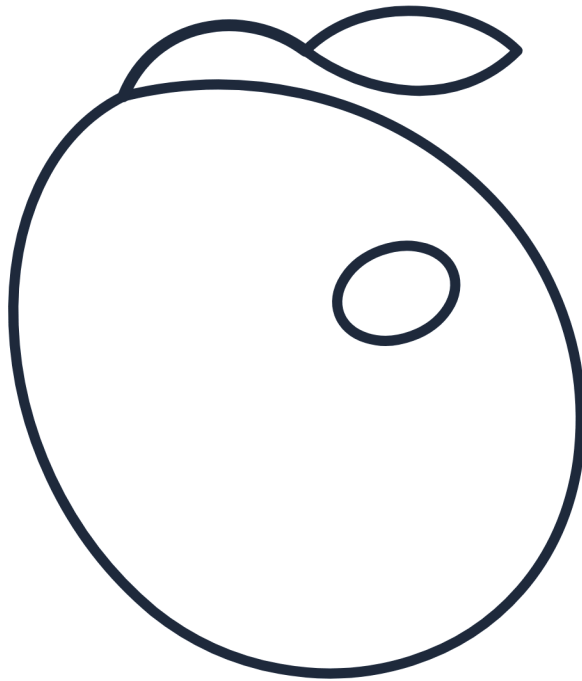
Color me!

plum plum

plum plum plum

Mango

Color the picture, then trace the word.



Color me!

mango mango

mango mango mango

Carrot

Color the picture, then trace the word.



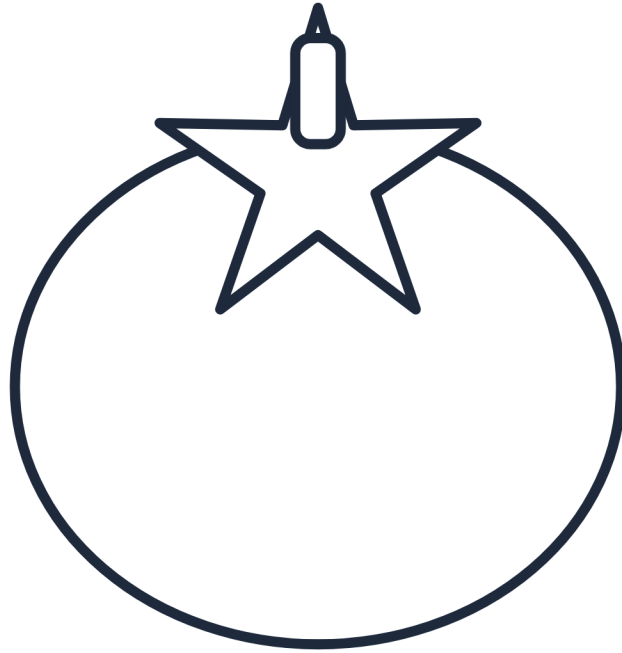
Color me!

carrot carrot

carrot carrot carrot

Tomato

Color the picture, then trace the word.



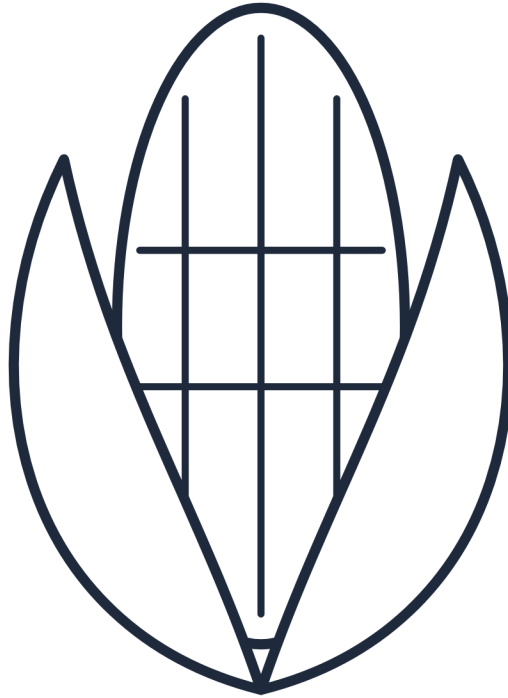
Color me!

tomato tomato

tomato tomato

Corn

Color the picture, then trace the word.



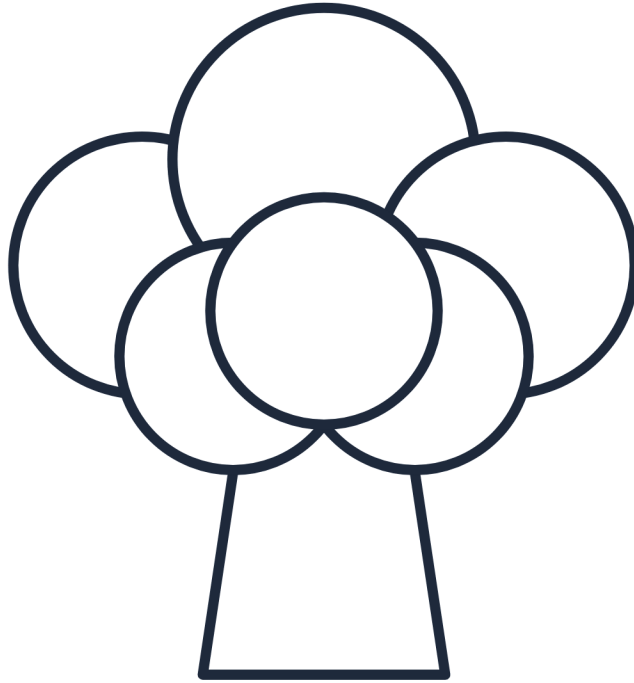
Color me!

corn corn

corn corn corn

Broccoli

Color the picture, then trace the word.



Color me!

broccoli broccoli

broccoli broccoli

Pumpkin

Color the picture, then trace the word.



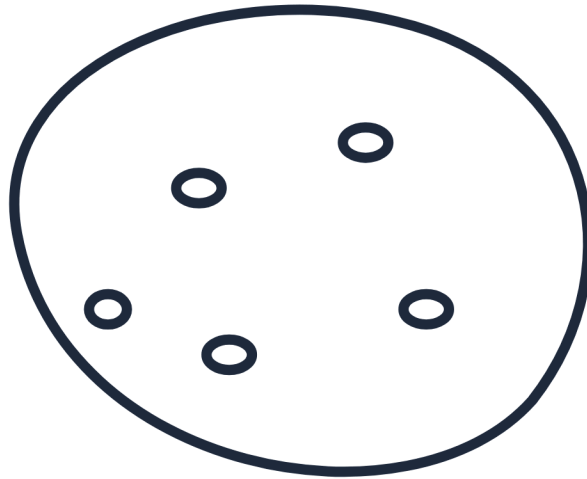
Color me!

pumpkin pumpkin

pumpkin pumpkin

Potato

Color the picture, then trace the word.



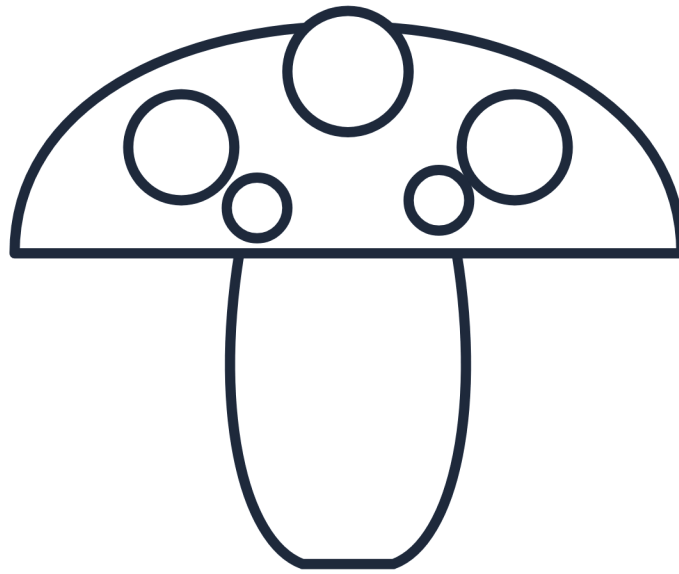
Color me!

potato potato

potato potato potato

Mushroom

Color the picture, then trace the word.



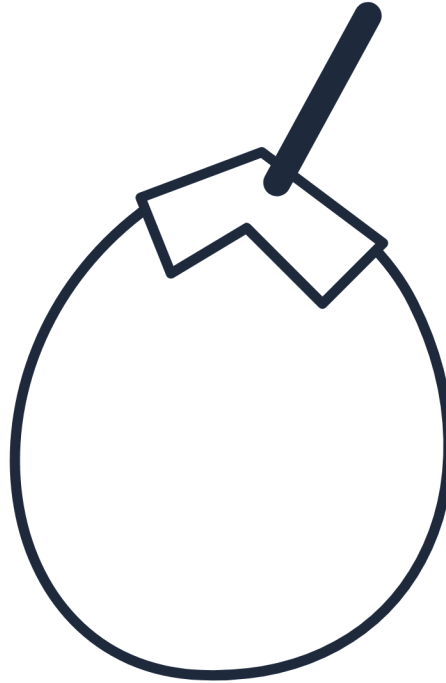
Color me!

mushroom mushroom

mushroom mushroom

Eggplant

Color the picture, then trace the word.



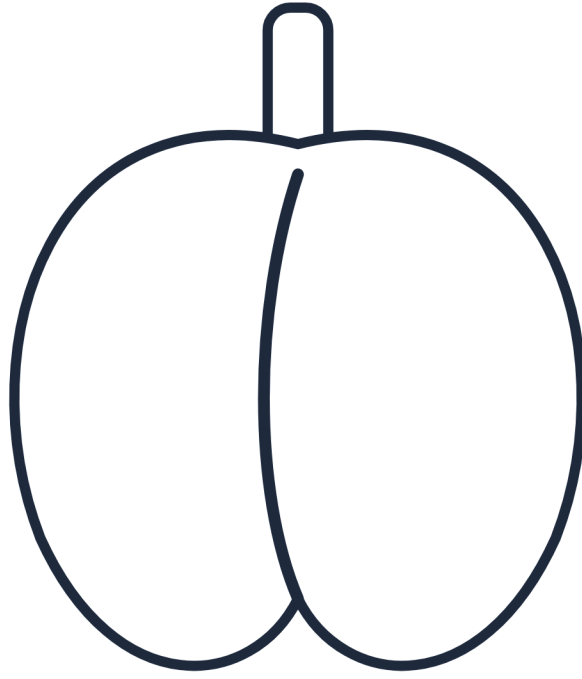
Color me!

eggplant eggplant

eggplant eggplant

Pepper

Color the picture, then trace the word.



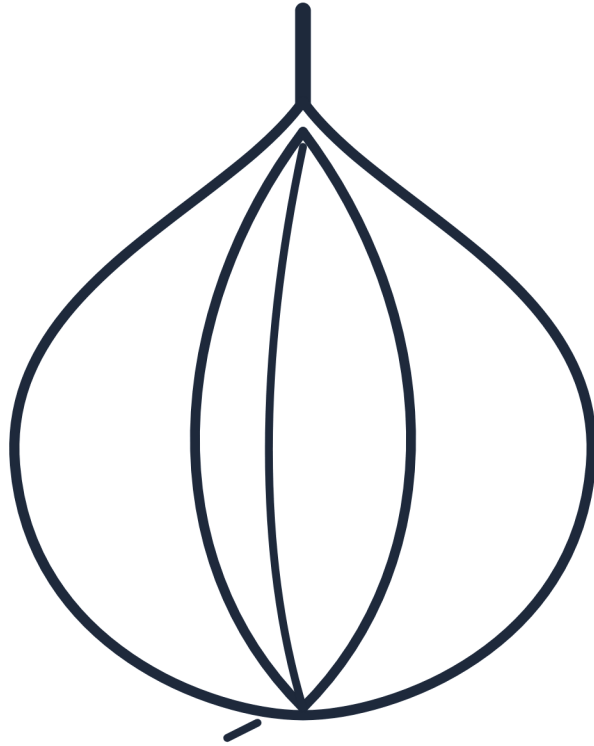
Color me!

pepper pepper

pepper pepper

Onion

Color the picture, then trace the word.



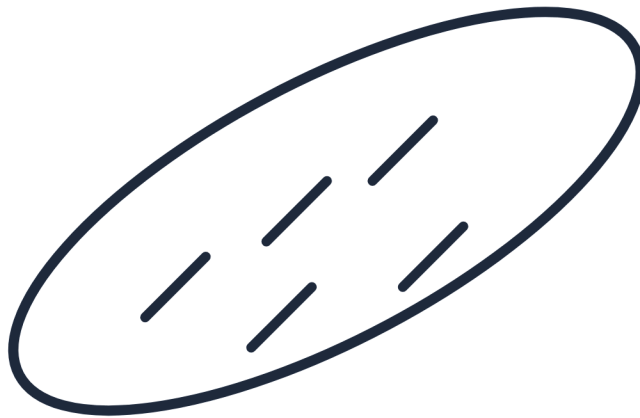
Color me!

onion onion

onion onion onion

Cucumber

Color the picture, then trace the word.



Color me!

cucumber cucumber

cucumber cucumber

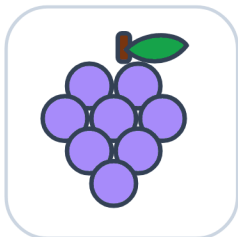
Fruit Shadow Match 1

Draw a line from each picture to its shadow.



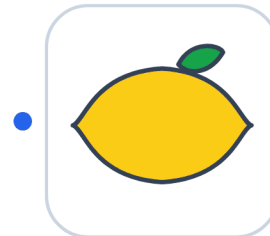
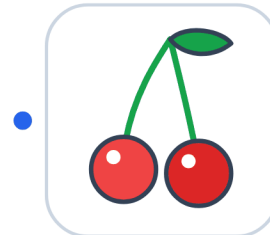
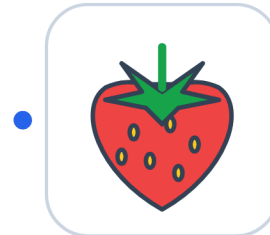
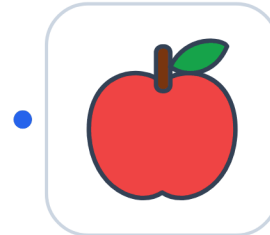
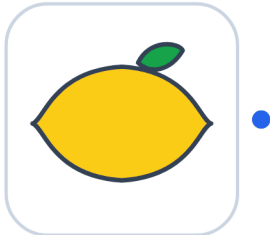
Fruit Shadow Match 2

Draw a line from each picture to its shadow.



Match the Fruits

Draw a line to join the two pictures that are the same.



Fruit Words

Trace with your pencil, then try it on your own!

apple



banana



grapes



lemon



orange



Vegetable Words

Trace with your pencil, then try it on your own!

carrot



tomato



corn



potato



onion





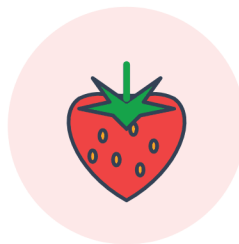
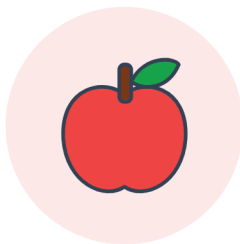
Certificate of Achievement

This certificate is proudly given to

for finishing

Fruits and Vegetables Tracing and Coloring Book

Great pencil work, super focus and lots of practice!



Date

Signed by